

Hajj: The Journey of a Lifetime The Figh of Hajj & Practical Advice

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This eBook is compiled based on the following lectures by Shaykh Yasir Qadhi:

Hajj – The Journey of a Lifetime: Practical Advice and Rituals http://www.youtube.com/watch?v=TlVfQ9MaU48

2011 Hajj Workshop -

http://www.youtube.com/watch?v=F033XuwJlYc&feature=plcp







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Alḥamdulillāh we are very, very honored and blessed that some amongst us are going for Hajj. We ask that you remember all of your Muslim brothers and sisters in du'ā'.

Hajj is the fifth pillar of Islam and is an obligation. It is the last obligation that Allāh revealed of the five arkān, not just in order but also in chronological wujūb. Allāh revealed the prayer then the fasting then the zakat, and the final to be revealed is the revelation of Hajj. Hajj is obligatory with two conditions: physical capability and financial surplus. You need to be physically capable. If you are incapacitated or if you don't have a mahram, then you are not physically capable of doing Hajj.

How many finances do you need? The response is enough for you to do a Hajj that is comfortable for your socio-economic level. If you are middle class, then you expect to go on a middle class Hajj. Allāh does not require that you go like a beggar if you live a middle class life in America. It is understood that as a middle class person, you will go on a middle class package, so you need to save up for what is the equivalent. If by the time you save up the prices go up, then you don't have to sacrifice and go on the bare bottom package because you are going at your level. If you are saving up for the luxury package and you are not capable of that, then this is *iṣrāf*. You know your level and what is reasonable for you.

The topic of Hajj is a very, very complex and detailed topic. It is a mix of figh and spirituality. I will try to summarize the main points of Hajj. Before we begin, we must understand and realize that Hajj is one of the greatest actions of worship. In fact, some scholars say that the most blessed action that any Muslim can do is the Hajj. The most blessed action of a non-Muslim is to accept Islam, but from within Islam, the most blessed action is the Hajj. That is because the Prophet (sallallāhu 'alayhi wa sallam) said, "An accepted Ḥajj has no reward other than Jannah." In other words, if you have the Hajj accepted, then you will get Jannah. No other action has been placed to that level where an accepted action has nothing other than Jannah.

The Prophet (sallallāhu 'alayhi wa sallam) said in a hadīth: "Whoever performs Hajj and he doesn't do rafath and fisq, he shall return back just like the day his mother gave birth to him." Rafath here primarily means to engage in lewd things. There is also the connotation of intercourse and that which is lesser than that. Fisq is sins. He controls his anger. He does not backbite.

These ahadīth and others show us the importance and the blessings of doing Hajj. That is why the Prophet (sallallāhu 'alayhi wa sallam) encouraged us to go for Hajj. We know that the bare minimum is once in a lifetime for whoever is capable to do so. If you are able to do so even more, then alhamdulillah this is even better.

We begin by some basic figh, but before I begin with the figh, I want to tell you a very simple point. *Hajj* is not the time to try to study the different opinions of any issue. You will become so confused. You need to stick with one authority and remain that way because Shayṭān will come: "One 'ālim says this; one 'ālim says that. Is my Ḥajj accepted or not?" You have to be certain that if you asked an 'ālim and he gave you an answer, then you are free in the eyes of Allāh. If the 'ālim made a mistake, then that is between him and Allāh. My point being that one of the most common problems of Hajj is: "Do I have to give a hady, do I have to give a dhamm or not? One 'ālim says yes and another 'ālim says no. Is my Ḥajj accepted or not? Is this wājib or is this not wājib?"

Now is not the time to do your research for different madh-habs. Now is not the time to become an expert in the madh-habs. You need to choose one opinion and one scholar and one methodology and go with it.

I will be teaching what I believe is the strongest position in this issue about the arkān, wājibāt, and sunan of Ḥajj. Some of what I say might be strange to you, and you might have heard other things. Now you need to make a choice. Do you wish to follow the position I will say or another scholar? That is your choice, not mine. Let me just say that alhamdulillah Allah has blessed me to do Hajj more than ten times, and I have studied the figh of Hajj in extensive detail and have gone as a mu'āllim and as a guide over ten times. Therefore, hundreds of questions have come. My point is that I am not speaking from theory. I am speaking from practice and years of experience as well. If you take it, alḥamdulillāh, and if you wish to take another opinion, alḥamdulillāh as well.

Ihrām

Hajj must occur at a particular place at a particular time and a particular state of ihrām. It has to be in Makkah, Mina, Muzdalifah, and 'Arafāh. The Hajj acts must be done on the 8th, 9th, 10th, 11, and 12th of *Dhu'l-Ḥijjah*. It must be in a particular state of ihrām.

Hajj consists of specific actions that are done in specific days. The first of these actions is to enter into a special state called the state of ihrām. This state of *iḥrām* is a spiritual state and not necessarily a physical one. Once you have entered into iḥrām, certain things that were ḥalāl become ḥarām for you. Certain things that were permissible become haram, and that is why it is called ihram there is a haram and sanctity that you cannot do certain things that are otherwise halāl.

The ihrām is entered into at the mīgāt. These are geographic locations. The Prophet (sallallāhu 'alayhi wa sallam) specified five locations. Our scholars have taken those five and drawn lines between them to make boundaries. You don't have to go to one of these five, but these are the boundaries made by the five. When you cross the boundary, you must at that point or before it declare iḥrām. You cannot pass the mīqāt without declaring iḥrām or else you have to pay a penalty. You have to declare the *iḥrām* at or before the *mīqāt*.

For those traveling from America, the pilot will tell you, "We are entering the state of iḥrām." Or if he doesn't tell you, you may enter into the state of *iḥrām* basically half an hour to twenty minutes before the plane is supposed to land. If you are landing in Jeddah, please note that you must enter the state of ihrām outside of Jeddah. You cannot land in Jeddah without entering the state of iḥrām – this is a problem. You must already be in the state of iḥrām.

If you are going by Saudi Airlines or PIA or any Muslim airline in the month of Ḥajj, the pilot will make an announcement: "We are about to enter the state of ihrām in 15 minutes / 20 minutes / half an hour." Therefore, there is no problem. If you are going by Lufthansa or KLM, most likely the pilot will not make such an announcement - you never know, maybe they will these days, but most likely they will not. It is not very difficult – [you enter into iḥrām] literally ten or fifteen minutes before the expected time of arrival when the pilot says, "Fasten your seat belts; we are on our way down." The mīqāt is just a little bit

outside of Jeddah and not too far outside of Jeddah; therefore, when the plane is descending, you may enter ihrām before the mīgāt without a problem, but you cannot enter *ihrām* after the *mīgāt*. You don't have to enter *ihrām* exactly on the spot. Your plane is going 500 miles/hr, and you are not going to enter the mīgāt exactly at the pinpoint. Rather, you enter into iḥrām ten minutes before the plane lands and you will be fine.

Entering ihrām is simply a verbal act. You say, "Labbayk allāhumma Hajj." The verbalization is any expression that signifies Hajj. You can say in English, "O Allāh, I am doing the Ḥajj." You can say, "Labbayk allāhumma labbayk." Whether you are wearing the ihrām or not is a separate point. Some people are not wearing the ihrām, but when they enter into it, they have to say, "Labbayk allāhumma Hajj" even if they are wearing pant and shirt, and then they pay a penalty for the pant and shirt, but they are safe that they have entered iḥrām.

Ihrām is not the garment that you are wearing. *Ihrām* is the declaration. You need to say something to enter into *ihrām*, and that is said before the *mīgāt*. You know that you are going to be entering into ihrām before Jeddah; therefore, it is common sense that men wear the garments during the stopover.

If it so happens that you pass the mīgāt without saying "Labbayk allāhumma labbayk," without making the talbiyah of Hajj, then you have missed a wājib.

Take this as a rule: Any time you miss a wājib, you may make it up by giving a sacrifice.

Your Hajj will still be accepted. Take this as a rule. By definition, something that is wājib can be made up. What cannot be made up is something in Arabic called a rukn (pillar). I want you to memorize two different words: rukn and wājib. If you miss a rukn, you have no Hajj. You cannot make up a rukn. It is like praying without going into saidah and you are capable of it - there is no salāh. You cannot pray without going into sajdah. You must have the rukn.

Hajj has rukn and wājibāt. Entering into ihrām at the mīgāt is wājib. So suppose you fell asleep and you woke up and the plane is landing in Jeddah, it is not as if your Hajj is gone. Breathe, alhamdulillāh, relax. You have missed a wājib. You enter into iḥrām in Jeddah, but you must pay a sacrifice, a badn. A badn can be any type of animal that is commonly sacrificed. A camel or a cow is very

expensive. A sheep, a goat, and a lamb is generally what is done, and that is basically \$150 these days. If you miss multiple items, you must give multiple hadys.

You enter into the state of *ihrām*. It is sunnah – and when I say sunnah, it means you should do it, but if you don't there is no sin and your Hajj is complete. You all know sunnah means you should do it, but if you don't do it, no problem. It is sunnah to take a bath before wearing the iḥrām. On the plane you cannot take a bath, so you take a bath before you leave the house and that will do the job.

It is sunnah to purify yourself completely, which means you shave your pubic hair and you trim your nails before you enter into ihrām because you are not allowed to do it while in iḥrām, so you want to be pure in that state.

[For men,] it is sunnah to perfume yourself before entering ihrām. In other words, when you take the bath, before you enter into iḥrām you perfume yourself. You put the perfume on your body and not on your iḥrām. You may have perfume on you - you should have perfume on you; this is sunnah. 'Ā'ishah says, "I was the one who put perfume on the body of the Prophet (sallallāhu 'alayhi wa sallam) before he entered into iḥrām." It is sunnah to have perfume on your body before you enter into iḥrām.

On the plane you might not be able to do all of these sunnahs. You will not lose anything of Hajj because this is sunnah.

Entering into Iḥrām

How do you enter into iḥrām? For men, they should wear two unstitched cloths. The first misconception is on what "unstitched" means. People don't know what "unsewn" or "unstitched" means, and they think that it means they cannot have any needlework on it. This is completely false and a myth. The ihrām that you wear will have sewing done on the side. Sometimes the ihrām that you wear will have decorations and designs on it. It doesn't nullify the ihrām.

"Unstitched" is an incorrect translation of the Arabic. What the Prophet (sallallāhu 'alayhi wa sallam) forbade was to wear a garment that covers a limb, such as it has a sleeve or a pant leg. This is what is prohibited. You have a garment that has a specific section for a limb that is a hand or a leg. Pants, shirts, t-shirts, jackets, pants, and underwear are not allowed. This is the meaning of "unstitched" and not that there is no needlework done on it. The iḥrām that you wear has needlework done on the side of it. Unstitched means that it should not be like a cloth that is covering you, which is why the iḥrām is open. If you were to cover it, this would be stitched. For those of you who are from India and Pakistan, the lungi is a type of stitched cloth (an izār that is closed), whereas the ihrām is an izār that is open.

If you were to wear a jacket in cold weather without putting your arms in the sleeves, this is an unsewn garment because you are using it as a shawl (you put it on over you without putting your hands inside). A stitched garment covers the limbs (the two arms and the legs). Pants are not allowed, but you cover yourself with the *iḥrām*. Shirts are not allowed, but you cover your upper body with something that wraps around.

This is what a man should wear: two unstitched cloths of any color. In our days you only find white, but the Sharī'ah did not come necessarily with white. You may wear any color. In fact, the Prophet (sallallāhu 'alayhi wa sallam) had other colors as well other than white.

For women, they wear their regular clothes and regular dresses. There is no restriction on the clothing for women except the face and the hands should not be covered with a stitched garment. For those sisters who do wear the nigāb, there is a way they may cover their face with an unstitched garment.

How does one enter into iḥrām? One verbalizes by the tongue: "Labbayk allāhumma Ḥajjatan wa 'Umrah." Or you can just say, "Labbayk allāhumma labbayk." Basically saying "labbayk" causes you to enter into iḥrām. Preferably, you should be wearing this garment.

Let's be realistic here. Suppose your plane is stopping in Amsterdam or London. When the plane stops, you are wearing your pant and shirt, and then wherever your plane stops, you go and you wear the ihrām but you don't say "labbayk" because you are not in ihrām right now. You get on the plane completely regular and normal. Five or ten minutes before you land – just to be on the safe side, I say fifteen minutes, but in reality, it is five minutes before

landing – you say "labbayk allāhumma labbayk." You may enter into ihrām before the mīgāt. It can be twenty or thirty minutes [before landing] to be on the safe side. You say, "labbayk allāhumma labbayk." Once you say "labbayk," that's it. You are now in the state of ihrām.

Three Types of Hajj

There are three types of Hajj, and I'm only going to concentrate on the one that is the most common. These types are how you combine 'Umrah with Ḥajj.

- 1. Tamattu' you do a full Hajj and a full 'Umrah with two ihrāms. This is the most common for foreigners who don't live in Saudi Arabia, and it is the most rewarding. It has the most actions in it. You get out of *iḥrām* in the middle.
- 2. Qirān you do 'Umrah and Ḥajj in one iḥrām.
- 3. Ifrād you don't do 'Umrah at all.

Most people who will go from the West or the East will perform Hajj tamattu', so we will talk about Hajj tamattu'. There is [also] Hajj qirān and Hajj ifrād. It is very easy to understand the difference. Most people when they go for Hajj want to also do an 'Umrah. This is called tamattu'. You do an 'Umrah and then you get out of iḥrām and then you do a Ḥajj. You do Ḥajj plus 'Umrah with a gap in the middle.

Hajj girān is Hajj and 'Umrah without a gap in the middle. Hajj ifrād is no 'Umrah and just Hajj. In Hajj tamattu' you do 'Umrah and take a gap of three, four, five days. Some people go to Madīnah, or you just worship and pray. 'Umrah takes half an hour or one hour. If you are really busy and slow, it is a maximum of an hour and a half.

After you finish the 'Umrah, you get out of iḥrām, and you may live a normal life until the 8th day of *Dhu'l-Hijjah*, which is the first day of *Hajj* and when you enter into the ihrām again. This is Ḥajj tamattu'. Tamattu' means "enjoyment." Why is tamattu' called tamattu'? Because you get to enjoy a regular life in between the Hajj and 'Umrah. You are having enjoyment and there is no prohibition on you. This is the Hajj I will describe.

Hajj tamattu' is the best type of Hajj. Why? Because you do Hajj and 'Umrah both. This is why when the majority of Muslims go for Hajj, they do Hajj tamattu'.

Prohibitions while in *Iḥrām*

You enter into ihrām five or ten minutes before Jeddah. You pray two rak'ahs before.

What is prohibited upon you when you enter into the state of iḥrām? Nine things.

1. Shaving or trimming the hair.

You are not allowed to shave or trim the hair. The brothers who shave regularly cannot shave in the state of iḥrām. You cannot go to the barber in the state of *iḥrām*. This prohibition also applies to women.

2. Trimming the nails.

This applies to men and women. If your nail scrapes against something and bends and is chipped and painful or awkward, then you may break the chip without breaking the whole nail. You didn't intend to break the nail. There is no fidyah. You didn't intentionally break or crack the nail, so there is no fidyah on you.

3. For men only: Wearing a sewn garment.

We explained what a sewn garment means. It is a pant or a shirt. This only applies to men. Women wear their regular clothes - shalwar kameez or whatever they are wearing. There is no prohibition on that. Their skirts, blouses, dresses or whatever they are used to wearing culturally is what they will continue to wear in their ihrām.

4. For men only: covering the hair.

You cannot wear a cap or any type of turban. Anything on the head is not allowed. For women, of course they wear their hijāb.

In the old days, covering the hair for men was a sign of dignity. Even in America, in old black and white movies, all the men have caps on, and to remove the hair covering was a sign of humility. Free men did not have their hair uncovered only slaves did. This is even in Islamic lands. This is culture. In our times, everyone has their hair uncovered.

The purpose here was to signify your servitude to Allāh. In Hajj, all of us are Allāh's slaves and all men supposed to have the hair uncovered. Therefore, to cover the hair with a connected garment such as a cap or turban is not allowed; however, you can have shade and shelter. Bilāl would cover the Prophet (ṣallallāhu 'alayhi wa sallam) in the sun with his own ihrām. The Prophet (ṣallallāhu 'alayhi wa sallam) sat under a tree. We can sit in shade. The Prophet (sallallāhu 'alayhi wa sallam) sat in shade. We can cover ourselves with an umbrella. You can cover yourself from the sun with something that is not connected. You cannot have a connected covering on the head.

5. Perfume. This applies to clothes and body.

What about that which is not intended as perfume but still emanates perfume such as soaps, lotions, and creams? In my humble opinion, these things are makrūh but are not harām. They are makrūh, so it is best to avoid it, but there is no fidyah on you. Why? Because nobody uses soap in order to perfume themselves. Soap is not meant to perfume. It is not a perfume even if it has some perfume scent in it.

My suggestion and advice – and this is what I do when I go for Hajj – is to buy the unscented versions. Get unscented soap and lotions to be on the safe side.

This is obviously a grey area because there are those that are extra scented. The average Jergen's lotion has a scent but is not scented. This is permissible. There is no perfume coming from it.

Perfumed lotions are makrūh. Don't use them. Nonetheless, they are not a fidyah because if you want to use perfume, you would put cologne or 'itr, and that is what is harām.

6. You are not allowed to hunt.

7. You are not allowed to get married in a state of *iḥrām*.

Generally people don't go to Makkah in Dhu'l-Ḥijjah to find a spouse, so we don't have to worry about that.

8. Any type of sexual foreplay with your spouse.

In the state of *ihrām*, you cannot kiss and you cannot touch with desire. You may touch without desire. You may hold your wife's hand so that you don't get lost. You may protect your wife from the crowd by holding her. During tawaf, it is very necessary for a husband to protect his wife because there is too much shoving and jostling. Touching is allowed, but sexual touching and foreplay is not allowed.

9. Intercourse with your wife.

This is one of the most severe penalties. This will nullify the Hajj in the state of *iḥrām*. If you sexually kiss or touch, this will not nullify, which is why this is separate. If you have intercourse, then this nullifies because that is exactly the point: you don't reach the level of rafath. If this happens, then the Hajj has to be repeated the next year.

What if you do one of these issues (besides hunting and nikāh, which are not relevant here)?

Hair and Nails

The first point: when we talk about the hair - now please pay attention, I know what you have heard is separate than what I am about to tell you. It is up to you whether you trust me or not, but as I said, I have done research and I have done plenty of Hajjs.

What is prohibited is to intentionally cut or trim the hair and the nails. People go to ridiculous extremes and if they scratch and a hair falls down they think their Hajj is nullified or something like this. Or if the nail is a little bit broken accidentally, then they are worried because, as you know, when your nails grow, something might scratch it and your nail gets bent. What can you do with a bent nail now? They wrap their nail in a band-aid to make sure the nail doesn't break any more. This is going to extremes. Anything that is unintentional is overlooked.

Additionally, there seems to be no prohibition whatsoever for a gentle combing for men and for women. The prohibition is halq, and that is to cut and to shave. There seems to be no prohibition for a combing. Therefore, if you do comb and a hair or two falls off, this is not half or going to the barber and is overlooked.

If you intentionally shave or trim and there is a reason or no reason: if there is no reason to do so, then you are sinful; if there is a reason to do so, then you are not sinful. In both cases, you must give a penalty. What is a reason? In those days, once upon a time, there was lice. Unfortunately it is still around but not that common. If you have lice, let's say, or if you have an irritation in the scalp, or if there is any issue that causes you to basically shave your hair off. It is any type of issue. Suppose you get a wound, let's say, and you go to the local clinic and he shaves your hair off to put some stitches while you are in a state of *ihrām*. This is a reason. You are not sinful, but you must pay the *fidyah*.

What is the fidyah? Fidyah for this is one of three things. The most difficult in terms of money is to pay the whole sacrifice, but it is not wajib to do so for something as trivial as this, and the Sharī'ah has given you an option - one of three things. It is not first #1 then #2 and then #3. You may choose whichever of the three. You may give a penalty of a sacrifice, which costs around \$150, or you may fast three days after Hajj when you come back home or you may feed six people. Of course 90% of the people if they fall into it, they feed six people. The Sharī'ah does not say that you have to be poor or rich – any of these three are allowed.

How do you feed six people? Very simple. Go to the local shawarma shop – I kid you not – and you buy six shawarmas and you walk around in Mina, Muzdalifah, and 'Arafāh and give it to the poor people sitting there who have no roof over their head, and you have fed six people. Simple, right? You have fed six poor people. You don't have to buy shawarma. I am just giving you an example. You can buy McDonald's hamburger. There is a McDonald's in Mina. You can buy a McDonald's hamburger and french fries or a happy meal and give it to the kids there, and you have fed six people. You can buy it yourself, or you can designate somebody to go and purchase it. In our times, many restaurants actually have a

special section, believe it or not. It is a moneymaking business. They have a special fidyah section and you go and give the money, and there is a section in the back where they give the poor people the food. Whatever you do, basically you have to feed six people. This is the easiest thing to do, and it is completely permissible.

If you cut your hair or trim your nails for a legitimate reason or for no reason, you must give a fidyah. It must have been done intentionally. It is done unintentionally, then there is no fidyah. Like I said, if you scratch your head and a hair falls off, or if your nail scratches against the wall and breaks, there is no fidyah whatsoever. Also, there is nothing from the Sunnah about the concept of three hairs. Cutting and shaving is understood. If you go to the barber, you are cutting your hair. If you shave, you shave. Simply combing or touching does not necessitate a fidyah. There is no evidence whatsoever that combing is not allowed in the ihrām. Sisters may comb and brothers may comb. I have done Hajj, and I take my comb with me. I would comb my beard every day in Ḥajj, and I don't see a problem with that.

Why does Allah tell men and women to not trim their hair nails? To remind them that there is a greater goal, and they shouldn't be worried about vanity and looking pretty or beautiful. There is a bigger goal. At times of distress - imagine someone whose loved one has died - do you think they are going to be worried about grooming themselves? Allāh is telling you that you should have bigger things on your mind than making sure you are looking pretty. Allah wants us intentionally to feel that we have bigger things to worry about, so He has made forbidden the finer things in life and not the staple items in life.

Sewn Garments

The second issue that we said is wearing a stitched garment. Similarly, if you wear a stitched garment intentionally - the key point is intentionally - then you must also pay the same fidyah, one of these three things. However, if it is done unintentionally... How can it be done unintentionally? Suppose at Muzdalifah it is very cold at night and there is no tent over you. You are shivering and you forget and pull a sweater out of your backpack and put it on. Somebody says, "Astaqhfirullāh akhi, you are wearing a stitched garment!" You say, "Oh, astaqhfirullāh." There is no fidyah because Allāh says, "Whatever you have done accidentally, Allāh has forgiven it." The Prophet (sallallāhu 'alayhi wa sallam) said, "Allah has raised from my ummah anything that they have done accidentally and by mistake and [if] somebody forced them to do it." If you accidentally or mistakenly wear a stitched garment, there is no fidyah for men.

Similarly, suppose it is very, very hot and you are walking in the sun and just take a cap out to put it on and wear it in the sun. Somebody says, "Akhi, you are wearing a cap!" You take it off. Once again it was unintentional. There is no fidyah whatsoever because you didn't do it intentionally.

Suppose you did it intentionally for a reason. This is another point people need to understand: The Sharī'ah allows people to break these codes if there is a legitimate reason. Ka'b b. Ujrah was a companion and was suffering from lice. He thought, like many of us think, that even if you are dying you cannot break the ihrām. The lice were so much that they were jumping off of his head and falling on his clothes. It was causing immense suffering. The Prophet (sallallāhu 'alayhi wa sallam) saw him and said, "Go shave your hair and give a fidyah. Don't kill yourself over this." From this, the scholars say if Muzdalifah is freezing cold and you need to wear a jacket or a sweater, then wear a jacket or a sweater and give a fidyah. This is for men, obviously. Women have no issue.

The Sharī'ah is not telling you to go crazy over this. The Sharī'ah is saying don't do this except for a legitimate reason. If there is a legitimate reason, then do it and pay the fidyah. When there is a legitimate reason – some people might feel like fainting, let's say, and may want to cover their head, then go ahead and cover your head if you think you will not faint because of it and then give the fidyah later on. Allāh has not made our religion so difficult. The hadīth of Ka'b shows us when there is a need, you may do it, and then you may give the fidyah.

Similarly, once four, five or six years ago there was the swine flu, and a lot of hujjāj were wearing the surgical mask. No problem - wear it and give the fidyah. There is a legitimate reason. You don't want to go back with this disease. The scholars said there is no problem. En masse the hujjāj can go ahead and wear it, but you still have to give a fidyah. You are not sinful because there is a legitimate reason to cover the face or do something of this nature.

Similarly, when you are going to sleep, you may put a blanket on top of you. But, by the way, maybe this is a strict position of mine: I don't think a sleeping bag

that you zipper up is allowed because to me, that would be a garment covering you, but you may have a sleeping bag that you don't zipper up. In other words, you just fold it on you. This only applies for men and not for women. Fold the sleeping bag on yourself without zipping it up. Some scholars say a sleeping bag is allowed, but personally I like to avoid it, but you may use it, as I said, without zipping it up.

Muzdalifah sometimes gets very cold and there are no tents and no roof; you are sleeping in the middle of the desert. Once in a while Muzdalifah will get close to freezing and there is wind blowing and sometimes I've been in Muzdalifah when it has been raining and drizzling. It is not a pleasant place to be when it is cold and wet. In such a case, you wear the clothing and give the fidyah – no problem.

Perfume

The next issue is perfume. Once again, people go to crazy extremes. What is prohibited is that you apply perfume to yourself in a state of ihrām. If you do this accidentally, then you take off the garment, wash it, and wear it again. There is no fidyah. If it is on your body, then go and wash your body.

You may take a bath during your *ihrām*. There was a dispute amongst the saḥābah about whether they should take a bath or not. They went to Abu Ayyūb al-Anṣāri. Lo and behold, he was taking a bath while in a state of iḥrām. That resolved the dispute right then and there. He said, "I saw the Prophet (sallallāhu 'alayhi wa sallam) take a bath while in a state of iḥrām." You may take a bath or *ghusl* while in the state of *ihrām*.

If you put perfume accidentally, then as soon as you remember or somebody reminds you, go and wash, and there is no fidyah. If you put it on intentionally and there might be a legitimate reason: suppose your iḥrām is stinking and filthy and you don't have a second one. By the way, my advice for men is to get two iḥrāms. Have a clean one with you in the backpack and one that you are wearing because you will be in a state of ihrām in Ḥajj for three days and believe me, within the first day or two it will be completely filthy, so it is good to have another iḥrām, and you may substitute and discard the other one or wash it.

Sometimes it might be that it is necessary to apply some perfume because you are sleeping in a tent with ten other men and maybe you aren't smelling very

nice and there is a maslahah (overwhelming need) that you don't stink so bad. If that is the case, then you apply it and pay the fidyah. These are allowed for necessity and prohibited for no reason. In both cases, you have to give a fidyah.

Footwear for Men

The Prophet (sallallāhu 'alayhi wa sallam) said, "Whoever has sandals should wear them and should not wear shoes, but whoever has shoes, then they are forgiven." In one earlier version of the hadīth, it is said that the Prophet (sallallāhu 'alayhi wa sallam) told them to cut off the tops of the shoes so that it is below the ankles.

What is legitimate footwear for men? (For women, there is no issue and they can wear their shoes). There is a lot of ikhtilāf. The bottom line: anything that you would call a sandal is permissible. Anything that you would call a shoe is generally not permissible. There is a grey area and a fine line and some sandals are almost shoes. Use your better judgment.

As a practical and personal note: do not purchase brand new sandals for Hajj. This is making the biggest mistake possible. Use the ones that are the most worn out because those are the ones you are used to and comfortable in. Don't buy new sandals because you will have blisters and be sore. Therefore, if you don't have any, then buy them from now and wear them on a daily basis without socks so that you get used to them. You cannot wear socks because they are a sewn garment. Purchase sandals that you are going to wear without socks and get used to them.

Fidyah

What is a fidyah? It is one of three things:

- 1. Sacrifice. This is the most expensive. You may do it, but it is not wājib to do only that.
- 2. Fast three days when you come back. You don't have to fast in Makkah.
- 3. Feed six people.

If you are going to feed the people, the *fidyah* should be preferably the people of Makkah and the poor people in Hajj at that time, but it is not wājib and you may feed people when you come back. The most convenient and best thing to do is feed people while you are there. This fasting should be done when you come back and should not be done during Hajj.

'Umrah

We talked about ihrām and the issues of ihrām. We have now landed in Jeddah, these nine things are prohibited, and we are now going to Makkah. The first thing you are going to do is finish your 'Umrah. This is your 'Umrah of tamattu'. It is a complete, separate unit. You will finish your 'Umrah, leave the state of iḥrām, wear your normal clothes, and live your normal life until the 8th of Dhu'l-Hijjah. If you were to go right now to Makkah, then you will do 'Umrah tomorrow and be out of the state of ihrām tomorrow night and remain outside of ihrām until the 8th of Dhu'l-Hijjah.

If you were to go on the 6th of Dhu'l-Hijjah and land on the 7th, it is basically the same thing. You will do 'Umrah on the 7th, leave the state of ihrām on the night of the 7th, and on the morning of the 8th you will re-enter iḥrām. It doesn't matter how long the gap is. It may be one hour or two months, but it has to be after Ramadan. You cannot go before Ramadan for tamattu'.

We go to Makkah and do 'Umrah. 'Umrah is very easy: tawāf, sa'y, and trimming of the hair. The scholars say that if you are doing tamattu', then when you finish your 'Umrah, you should not shave because you should keep the shaving for the Ḥajj. If you shave your hair, within seven days you won't have hair to shave for Hajj.

What you do is trim. This is a problem because most of the barbers want to shave your hair with the machine because it takes ten seconds. You need to go and find a place. Barbers charge you four or five times the price, and sometimes they charge you ten times the price of a haircut off-season, but that is their business, and they earn their year's keep during Hajj. Find a barber and tell him that you only want to cut with scissors. Make sure because most of them just want to use the machine.

Scholars say that if you are going to do tamattu', then you should delay the shaving for the Hajj because that is more preferred. You do your tawaf and your sa'y and then trim your hair. The concept of taking one bit from different parts of your head doesn't seem to be correct. You must do a proper trim and proper haircut. My personal position is that it is not permissible to simply cut one bit from different parts. A lot of people do that, but this is not the goal of the Sharī'ah. The goal of the Sharī'ah is that you shed your hair or get rid or your hair or at least you trim it. Go to a proper barber, or you can go to your hotel and have somebody do it for you if you all agree to do so. I have done it many times where we all become barbers at Hajj instead of paying 50 rivals or 100 rivals. We just do it ourselves quickly, and it is permissible. Believe me, nobody cares about your fashion during Hajj, so it's no big deal.

For women, they take their entire ponytail and trim the tip of a finger from all of it. They cut off the tip of the finger's length of hair, basically ¼" or ½" from the end of the hair.

In that 'Umrah, that is the tawaf where you will expose the right shoulder and will put the ihrām underneath the right shoulder. You will walk the first three times extra fast. This is only in theory. In reality, you cannot walk as fast as you want; you will walk as fast as the crowd wants. There is a difference between theory and reality. Just worry about showing the right arm as sunnah. If you don't show the right arm, no big deal because it is sunnah but it doesn't ruin your Ḥajj at all and has nothing to do with the Ḥajj.

You do your tawaf and your sa'y. For the sa'y, from Safa to Marwa is one, and from Marwa back to Safa is number two. You do three times back and forth and then one more to make seven.

You don't have to do your tawaf and sa'y back to back. You may take a break. You may rest, drink and go out and eat, but you are not going to leave *iḥrām* until you trim. If you finish the sa'y and don't trim, you are not outside of iḥrām. You don't have to cut your hair immediately and may go buy a shawarma if you are really hungry, but you are still in the state of ihrām until you trim your hair.

Once you trim your hair, you are out of the state of ihrām. Therefore, you go back home and take a bath and put all the perfume you want on and wear your regular clothes, and everything is halāl for you. There is no prohibition because you are now back to the regular state. That is why tamattu' is called tamattu' because you enjoy this middle period.

The Difference Between Going to Makkah First and Going to Madīnah First

For most groups that come from the Western lands, they will first go to Makkah and do the 'Umrah and then they will go to Madīnah and come back. Some groups go to Madinah first. If your group is going to Madinah first, then you don't have to worry about ihrām when you land in Jeddah because you are not entering Makkah. You are going to Madīnah. If you are going to Madīnah first, you don't have to worry about iḥrām, which is why a lot of ḥujjāj try to find a group that is going to Madinah first because it saves them the hassle of entering ihrām on an airplane. When you go to Madīnah, it is outside of the mīqāt. When you land in Jeddah, you will take a bus or a plane to Madīnah. It doesn't matter that Jeddah is inside the mīgāt because you are going to leave and come back in again. If you go to Madinah first, you don't have to worry about ihrām.

Right outside of Madīnah there is a place called Dhu'l-Ḥulayfah. Every single bus and taxi driver will stop there and say that this is the place of ihrām, so there you go and pray two rakaʿāt and wear your iḥrām and move on. You may put your iḥrām on when you are in Madīnah, but you say "labbayk" when you are in Dhu'l-Hulayfah. I can wear the ihrām right now, but I won't be in the state of iḥrām. Wearing the iḥrām doesn't make you in the state of iḥrām. You have to say "labbayk" to enter into the iḥrām.

If you are going to Makkah first, then you have to wear your iḥrām in the plane before you land in Jeddah.

Question: Suppose you are doing tamattu' and land in Makkah first but you are going to Madīnah in the middle until you come back to Makkah on the 8th of Dhu'l-Ḥijjah. You do 'Umrah and are out of iḥrām and go to Madīnah and then come back. Where do you put your iḥrām on? The strongest position is that you may wear your iḥrām when you are back in Makkah because you are now mutamatti' and doing tamattu' Hajj. Therefore, there is no concept of putting your iḥrām on from Dhu'l-Ḥulayfah because you are in the period of tamattu', the period of enjoyment. You wear your *ihrām* on the morning of the 8th wherever you are. In other words, if you your group is going to Makkah first and then Madīnah, you do not have to wear your ihrām from Madīnah again. Only if your group goes to Madīnah first do you have to wear your iḥrām from Madīnah. Otherwise, if you have already performed your 'Umrah, you are mutamatti', and you are free. The whole point of being mutamatti' is that you can enjoy up until the 8th.

This is the area I have done the most research on of any issue because we would face it every year. I asked many, many 'ulemā' and have read many books. The summary is that there is no issue whatsoever of entering into Makkah once again – so suppose your group will go to Makkah on the 25th of Dhu'l-Qa'dah and leave on the 26th for Madīnah and come back on the 5th of Dhu'l-Hijjah, so you have three days in Makkah. You don't have to be in ihrām for those three days. You may live a regular life and then on the 8th of Dhu'l-Hijjah re-enter into ihrām.

Can you make multiple 'Umrahs before Hajj? You should not do so. It is not harām to, but it goes against the perfection because that is how the Prophet (sallallāhu 'alayhi wa sallam) did it. Also, you should save your energy for the Ḥajj. Also, you should make extra ṭawāf and extra nafl in the Ḥaram. The point of tamattu' is that you do one 'Umrah and one Ḥajj and lots of 'ibādah. That is the perfection. For you as a mutamatti', the one 'Umrah and the one Hajj is what you do, and the rest of it is 'ibādah and nafl. You may do as many tawāf as you want. You may do ten tawāfs a day. For tawāf you don't need to be in *ihrām*. You can do *tawāf* in your clothes – pant/shirt, *thawb*, shalwar kameez, it doesn't matter. Tawaf is an act of worship. The perfection is not to do another 'Umrah, which is why it is better to avoid it.

Please, brothers and sisters, don't take a fatwa from the guy sleeping next to you in your tent. This is your Hajj and your religion. People just talk a lot and think they know the religion. Hajj is a very complicated act of worship. Go to people of knowledge. Alḥamdulillāh, the government has done a lot of good, and of the best things they have done is that during Hajj they have fatwa offices everywhere and in all the languages of the world. This is something people of knowledge go to. They are all scholars who have done Hajj and know the figh. Please, don't get the fatwa from your friend or from someone who says, "I read in a book" because you will ruin your Hajj and your 'ibādah. Go to people of knowledge. Go to these cabins and there will be a shaykh and a translator. Every single cabin will have translators for English and Urdu. Go there and ask them your question.

Find out if your group is going to Makkah first or Madīnah first. If they are going to Madīnah first, you don't have to wear ihrām in the plane. Go to Madīnah in your regular clothes and worship and pray. Then when you leave Madinah, you will wear your *ihrām* and enter into *iḥrām* from there.

When you go on a Hajj package that goes to Makkah first and then goes to Madīnah and then returns back to Makkah before the Ḥajj, you do not have to wear ihrām from Madīnah and may return back to Makkah in your regular clothes. Write this down - I guarantee you that when you get there, there will be a huge commotion. It happens in every Hajj package and everybody is confused about what to do and whether they should wear ihrām in the hotel or go back to Makkah. I'm telling you very clearly, and take my word for this. This is the issue I have spent years researching and debating. You don't have to wear iḥrām from Madīnah. You may wear it from Makkah because you have already done your 'Umrah, so what will you enter ihrām for? Ḥajj is another few days away. Don't wear ihrām if you have done your 'Umrah. If you haven't done 'Umrah, then that is a separate story, but if you go to Makkah first, then you have done your 'Umrah.

8th of Dhu'l-Hijjah

The 8th of *Dhu'l-Hijjah* is the first day of *Hajj*. Some groups will bring you to Mina on the 7th of Dhu'l-Hijjah and have you sleep there. No problem, it doesn't matter. You can go to Mina now and sleep there, but Hajj will start on the 8th after zuhr. Most groups leave Makkah on the morning to get there around zuhr time. Technically you should be there for zuhr and 'asr, but if you are delayed and there is traffic, it is all sunnah. The entire 8th day is sunnah, so relax. This is the day of preparation. You may even start *Hajj* on the 9th your *Hajj* is complete without any fidyah. The 8th of Dhu'l-Hijjah is sunnah. If something happens on this day and you do not go to Mina, you may skip it all and go directly to 'Arafāh. 99% of packages go to Mina, and that is good because it is sunnah.

Where do you wear your ihrām from on the 8th? Wherever you are. Where do you make the *niyyah*? In your hotel room. That is the whole point of *tamattu*. Basically from where you are you will make the niyyah.

You will then go to Mina. The sunnah is to get there before zuhr, but let's be realistic. There are 3 million people and it is not in your hands. Don't sweat if you get there at 10 am or 6 pm. Your Hajj is completely valid. The whole day is sunnah. Allāh knows your niyyah, and if you are stuck in traffic, you will get the reward of the sunnah.

Once you get to Mina, zuhr is prayed shortened at its time, 'asr is prayed shortened at its time, maghrib is prayed at its time, and 'ishā' is prayed shortened at its time. What do you do in Mina? 'Ibādah. Qur'ān, dhikr, du'ā'. You get ready for the next day, which is the big day. The 9th is the big day of *Ḥajj*.

One of the biggest problems of going with a group is too much chitchat. Believe me, if you have never been for Hajj, you think that you are going to go and do this and that, but when you are surrounded by people your age and all of you are suffering and there is bad food, it is so easy to start talking and gossiping and cracking jokes at the sanitary conditions over there and hours go by. It is a very big fitnah from Shaytān that your Hajj is just being wasted away. Even if you are not doing something harām, you are wasting time, and it is not why you spent so much money.

Learn from day one to be polite but firm. Say, "Jazākallāh khayr, but I have something to do." Be polite but firm. You are there for your own 'ibādah. Have your Qur'ān with you and your du'ā's and dhikr you want to do with you. Just worship and don't worry about other people.

You spend the night in Mina. As we said, if you don't, your Hajj is completely valid, and it is not a problem. The 8th is all sunnah.

9th of Dhu'l-Ḥijjah

The 9th is the big day, and if you miss this day, you have no *Hajj*. The 9th is the day of 'Arafāh. The Prophet (sallallāhu 'alayhi wa sallam) said, "Hajj is 'Arafāh." You will go the most sacred place on earth at that time and spend the entire day

on the plains of 'Arafāh. You technically should get there around zawāl, but if you get there a little bit late it is not a problem. The sunnah is to get there before zuhr. It is wājib to get there before maghrib. You cannot leave 'Arafāh before maghrib. By the way, in our times you cannot leave because the government closes the roads, so there is no issue of you leaving and the roads are literally blocked. They open up the gates at maghrib.

'Arafāh is the main time of Ḥajj. That is the time you will go to 'Arafāh and combine zuhr and 'asr (two and two) and for the rest of the hours you have, it is the time of du'ā' and dhikr. It is the time of praying and begging for forgiveness. That is the time for pleading with Allāh for a better life in this world and the next. This is Hajj. Nothing is better for you at that time than du'ā'. You pray *zuhr* and 'aṣr right at the beginning as soon as the time comes in because there is something more important than that, which is the du'ā'. The whole point of Hajj is those few hours.

Believe me, you are going thinking this is the spiritual time of your life, and when you get there, there is disease, plague, fatigue, thirst, noise, smog. It is a problem to try to get your spirituality. You need to extract it out of you because you are so tired.

You will find half the crowd just chitchatting. It is unbelievable, but if you have been for Hajj you know this. You just get tired and it is hot and you are sweaty. You are not there for wasting time. My advice to you is not to make too many friends so that you are on your own and can go to the corner of the tent and make du'ā'.

People literally gossip on the day of 'Arafāh. It will happen in your group. People used to listen to the radio for the latest basketball scores. Realize that you need to cut off from those people. You will be tempted on that day because that is what Shaytān wants you to do. Shaytān wants you to waste your time. The best thing to do is walk outside of your tent to a sheltered area. Sit there with your du'ā' and dhikr books. Spend three or four solid hours away from everyone, especially before maghrib. The Prophet (sallallāhu 'alayhi wa sallam) would actually come outside of the shade in the sun twenty or thirty minutes before maghrib when the sun has lost the heat. The Prophet (sallallāhu 'alayhi wa sallam) would go out into the sun and raise his hands up to Allāh with his hands all the way up making du'ā'.

Another simple advice is to drink lots of water. This is a dehydration day and a very difficult time. Also, please do not wander from your tent on 'Arafāh. The most difficult time to get lost is the day of 'Arafāh. You don't want to be spending three hours finding your camp again.

Some Practical Advice: In Mina, make a mental note or physical note of your tent number. Once you have your tent number, breathe with relief. Now it doesn't matter what happens because in two days you will be back in that tent. Even if you are lost from your group, have at least 50 or 100 riyals on you. If you are going with a child, make sure you have a safety tag with a phone number and the address of the tent on the child's hand or on something that is fastened to the child. If you are going as an adult, have some money on you and know your tent in Mina. If you get lost, it is very easy. As a man, you can't even change your clothes anyway and just need some food and water, which is found everywhere. For a day you will be in Muzdalifah and 'Arafāh, and on the next day you come back to your tent in Mina. All the tents are numbered and there are maps everywhere. If you get lost, there are boy scouts there you can find and they will direct you to your tent. It is all numbered like a grid. Memorize your tent number because it is that tent you will come back to.

In 'Arafāh there is no numbering system because it is one day. Don't get lost on 'Arafāh. 'Arafāh is the day of 'ibādah, du'ā' and dhikr. This is when you raise your hands to Allāh and beg and plead and cry, especially right before maghrib which is the time when Allāh (subhānahu wa taʻāla) Himself comes down and Allāh 'azza wa jall says to the angels, boasting, "These are My servants who have come to Me, and I will give them everything that they want, and I have forgiven all of them." This is the time of du'ā' and dhikr. This is the time where you open up your heart to Allāh (subḥānahu wa taʻāla) and pray for everyone – your friends, your relatives, those who have taught you the figh of Hajj. This is the time of acceptance of du'ā'.

Going to Muzdalifah

When the sun sets, you may relax a little bit. Sit in the bus for five hours. You are not going anywhere if you go in the bus. If you have been to Hajj, you know what I am talking about. This is the time when you just have to wait. The main 'ibādah is done, and you may take a sigh of relief. A point of advice: if you are young and healthy, walk it. Wallāhi, you'll enjoy it more and have a better experience. Take a sleeping bag and some basic items in your backpack. You know your tent in Mina. You will enjoy your Hajj infinitely more.

The beauty of this walk is that it is the best walk that I have ever done in my life because the Muslims are around you and there is talbiyah and the spirit of Islam. This is a humbling site. Also, you breathe fresh air because the path for walking is miles away from the road. One of the things that I dread about those days is the smog. When you are sitting in the bus, you are surrounded by thousands of other buses and the smog and the smoke gets to you and makes you nauseous. You are literally sitting there. Sometimes I have sat in the bus until 11 pm. Why? Because of traffic. You just sit there in the bus, whereas if you walk, you get there by 7:30 and you enjoy it. You get some nice ice cream on the way and get some shawarmas as well. You get the spirit of Ḥajj. Everybody is walking. It is a very well lit path and a nice huge area. All of the hujjāj are walking there. You enjoy Hajj in that sense. If you are able to walk - and when I say 'young,' basically if you do not have a handicap then you can walk. It is not an issue. It is a simple hour and a half. You are just walking and there is so much area, and you are not congested. There is plenty of space; you can breathe and have a nice walk.

If you walk, then you will meet your group the next morning in Mina. You will spend the night in Muzdalifah. From Mina, you go to 'Arafāh in the day. In the night, you go to Muzdalifah.



Image courtesy of: http://www.hajinformation.com/main/j40.htm

Mina – Muzdalifah – 'Arafāh. From Mina, you will cross over Muzdalifah to go to 'Arafāh. Then on the way back, 'Arafāh - Muzdalifah - Mina. It is easier to get back. You go there by car - I'm not asking you to walk. From Makkah to 'Arafāh,

it is very difficult to walk. It will take you three hours and that is too far and you don't want to get tired on that day. On the way back, it is an hour and a half at maghrib time on the 9th, and then the next morning after a nice sleep, you wake up and then another hour and a half of walking. You break it up into two parts.

You will get to Muzdalifah between 7:30 and midnight, depending on how you got there. Muzdalifah is the most difficult part of Hajj for us spoiled Westerners because you have to sleep on rocks in the open. There is no tent and no airconditioning except for the natural air-conditioning. You are sleeping out in the desert. It is only one night, so the government has not prepared any facilities. Also one of the most difficult problems for us Westerners is the restroom. In Muzdalifah it is - what can I say. It is sabr. That is why in one sense you have to drink a lot of water and in another sense, in Muzdalifah is not the time to drink a lot of water.

Also realize that the most common time to get lost is Muzdalifah. Why? Because in 'Arafāh, generally speaking, there is no reason for you to wander outside the tent. Your food will come to you. The restroom is a reasonable distance, so you can go back and forth. In Muzdalifah, the restroom might be half a mile or a mile away. You look and can see the restroom and think it is easy enough to reach, but when you walk out of the restroom, you see an ocean of people and will wonder, "Where did I come from? Where is my tent?" There is no tent. Everybody looks the same. You start panicking. Don't panic! You know your tent number in Mina, walk it. It is an hour and a half. Everybody is walking in one direction, and you are not going to get lost. You are not going to be walking in the other direction. Don't worry. As I said, having ten or fifteen riyals is all you need - you can have some more. You just want to buy some water and some juice and shawarma and that's it.

Don't worry about getting lost in Muzdalifah. Don't panic. It doesn't matter how old or young you are, everybody is heading in the same direction, and you will get to your tent inshā'Allāh if you know your tent number, which is why I said write it down. If you don't want to get lost, the best thing to do is make sure to go with a friend and both of you make sure to keep track. You think the bridge is to left - and by the way, you think you see a bridge, but when you walk out you will see seven bridges and wonder bridge you were on. Basically use your common sense.

Also, sometimes you wake up at 3 o'clock at night and you need to go to the bathroom and are disoriented anyway. Believe me, I am a seasoned expert, and that is the time when I also wonder where I came from. It is very easy to get lost. If you do get lost, as I said, don't worry about it and move on.

Muzdalifah is the time when you pray maghrib and 'ishā' jam' and gasr (combined and shortened – maghrib is 3 and 'ishā' is 2) and your witr as well (witr is never left) and then you go to sleep. It is commonly said that you should pick your stones from Muzdalifah. The Shari ah does not at all ever even hint or suggest that, and this is, in my opinion, a cultural addition.

Stones for the Jamarāt

You may pick your stones from anywhere. You may even pick them from your backyard here in America. It does not matter where you pick your stones from. The Sharī'ah does not specify. There is not even a fabricated hadīth that specifies picking the stones from Muzdalifah. Some scholars basically liked it because it is the day before, but you can pick them from anywhere. Also, another reason why you might want to pick your stones from Muzdalifah is because there are a lot of stones in Muzdalifah, so it is just easier to pick stones.

From a Shari' perspective, you may pick your stones from anywhere. I would actually pick my stones on the 8th from Mina so that I wouldn't have to worry about finding stones at night in Muzdalifah. In Mina, you walk outside your tent and dig in the sand and find stones and take them from there. There is no Shari' reason to take them from Muzdalifah.

Another problem that happens is that people go a little bit extreme about the stones. Ibn 'Abbās was picking stones and thought he was going to pick some big ones. In an authentic hadīth, the Prophet (sallallāhu 'alayhi wa sallam) said, "No, not like this. Let it be like a chickpea seed." Basically, as big as the tip of your finger, which is 1/8" or a little bit bigger, 1-1.5 cm. In fact, in one hadīth he says, "Don't go to extremes. Don't go out of bounds here. Pick something that is reasonable."

By the way, this is a very wise advice because one of the most common problems in Hajj is [needing] stitches that you need because somebody is throwing stones at the back of your head. The pillar is there and people are throwing, and they don't know how to throw if their life depended on it. They throw a stone, and it just hits you smack in the back. If they choose a big rock, then it is dangerous. It is a very wise advice from the Prophet (sallallāhu 'alayhi wa sallam) to choose small stones. It should be something small.

Again, don't go to exaggerations and take a ruler with you and measure every stone. The Sharī'ah is not that difficult. It is a rough idea - you don't have to wash it, you don't have to put it to the sun, you don't have to check for the purity. But – one thing I will say – you cannot choose cement. Don't find cement somewhere and break it up yourself. Choose a rock. You may find a brick, let's say, and some people break it up into seven pieces. In my opinion, you should choose a stone. I'm not saying it is null and void if you break a brick up, but the point is that you are supposed to choose a natural stone. You choose seven small ones.

How many stones? It is 7 stones for the first day, and then 21 and 21 for the other two days, so it is 49 total, but you don't have to pick them all at once, and you don't have to pick them all from Muzdalifah. Technically, you can get them from anywhere. Culturally, on that night you will see 50% of the hujjāj looking in the night trying to find stones. As I said, make your life easier and do it the day before.

Leaving Muzdalifah

Now we have done the 9th and have woken up preferably in Muzdalifah. The Prophet (sallallāhu 'alayhi wa sallam) allowed women and elderly to leave Muzdalifah early. The Prophet (sallallāhu 'alayhi wa sallam) allowed Umm Salamah – she was not sick and not old but was getting on in years – to leave Muzdalifah after midnight. He allowed Ibn 'Abbās, who was a young boy, to accompany the women.

So suppose a woman is pregnant or there is an elderly man or woman, they may leave Muzdalifah after midnight. There is no sin, no penalty, and no fidyah. It is permissible to leave after midnight. The people who are in charge of these people may leave with them. Suppose you have your mother with you and she is

elderly and you want to take care of her, you go with her, and there is no penalty on you.

You wake up in Muzdalifah. If you have left earlier, there is no problem if there is a reason. What is a reason? As I said, if you are elderly, pregnant, if you have a baby with you. Basically it is common sense. If you have an infant with you, you are allowed to leave early and start the other rites at that time. If you don't have a reason, then you shouldn't leave Muzdalifah and should wake up for fajr there.

If you are sick, what should you do? You look at your own state of affairs. If it is just a little bit of a cough, everybody gets a cough. A sign of going for Hajj is that you get a cough. Every hajji comes back with a cough and sniffy nose. This is a gift of the hujjāj, māshā'Allāh.

You should stay all night unless there is a reason. If your Hajj package leaves in the middle of the night, then it is not in your hands, and you stick with your group because it is easier for you. Allāh knows your niyyah. Don't make life difficult. They are leaving, and what are you going to do? I'm not advising you to do Hajj alone, but it is not a problem if you do.

10th of Dhu'l-Hijjah

This is where it gets confusing, but inshā'Allāh if you listen to me it will be very easy and not confusing at all. On the 10th day, there are four actions that you have to do. Any two of them will get you out of the minor iḥrām, and all four will get you out of iḥrām totally.

What is minor ihrām and major ihrām? It's simple. Minor ihrām allows you to do everything except have intimacy with your spouse and what leads to it (foreplay). Once you are out of minor ihrām you may wear perfume and trim your nails. Once you are out of major ihrām, you may now resume conjugal relations with your spouse. The only difference is intimacy.

When you do two of these four things, you are out of the state of minor ihrām, which means you can take a bath, shave if you shave (even though in my opinion you shouldn't be shaving), trim your nails, put perfume on. The only thing that is not allowed is intimacy. With all four you are out of ihrām totally.

What are these four things? They may be done in any order by what the Prophet (sallallāhu 'alayhi wa sallam) himself said. A man came to the Prophet (sallallāhu 'alayhi wa sallam) and said, "O Messenger of Allāh, I did (number two) before I did (number one)," and he said, "No problem." Another one said, "I did (number one) after (number three)." No problem. Another one said, "I did (number four) before (number two)." He said, "No problem." The saḥābi said, "Nobody came to him with any arrangement except that he said, 'No problem.'" The arrangement is completely up to you. You may do any of these in any order.

- 1. Stoning the large jamrah (Jamrat'l-'Aqba'l-Kubra) seven times. There are three jamrahs: small, medium, and large.
- 2. Shaving of the hair.
- 3. The hady or the sacrifice.
- 4. The tawāf of the Hajj itself.

99.99% of you will be buying a ticket for the hady. You will not go yourself and choose an animal and do it yourself. Some people do. What does this mean? You are left with three. Therefore, as soon as you go and you do the ramy, you are out of the minor iḥrām. You may assume that the hady is done in the morning because there is no way you can verify, and the scholars have said you can assume that your hady is done. They have 3 million sheep they have to sacrifice and are going to start before Hajj and continue after Hajj. It is not humanly possible to sacrifice that many sheep and goats simultaneously, so you may assume yours is done.

Then when you have shaved your hair, you have then done three of the four. You may shave your hair first because that is a rite of Hajj and is a part of the Hajj. You are allowed to trim the hair if you want, but the Prophet (sallallāhu 'alayhi wa sallam) encouraged the shaving. You may shave first, but most people do the ramy first.

When you do the ramy and shave your hair, you have done three of the four. Therefore, as soon as you do ramy, you are out of the minor ihrām, so after ramy if you want to go and take a bath and put on your regular clothes and then go to the barber, that's fine. Because when you go to the barber you are going to be messy anyway because of all the hair, most people then go to barber shop – at the jamarāt there is probably one of the largest barbershops in the world. Sisters should have scissors with them and go back to the tent and take out a forelock of hair and cut it. Now they are out of minor ihrām. Therefore, 90% of you will be completely dressed and clean and fresh-smelling on the morning of the 10th.

How long were you in the state of *ihrām*? The day of the 8^{th} , the full 9^{th} , and then the morning of the 10th. For most people, that works out to less than 48 hours. In those 48 hours, your clothes will look like they have been on you for two weeks, which is why I said for men to have another ihrām, especially on the night of Muzdalifah, it is very convenient to change because it becomes very filthy with the sand.

Once you do your tawaf, you are then out of complete ihram. As I said, the only difference is intimacy with your spouse. You may delay your tawāf and don't have to do it on the 10th. You may do it on the 11th or 12th. You may delay your tawaf, and it doesn't matter when you do it. The tawaf does not have to be done on the 10th. You may delay tawāf'l-ifādah until any day in Dhu'l-Hijjah. Tawāf l-ifādah does not have an end date; however, you will remain in a state of major *ihrām* until you do the *tawāfl-ifādah*.

My personal advice is that it is extremely difficult to do tawāf on the 10th. It is very congested. It is better to do it either very late night on the 10th (i.e. 2 am) or on the 11th, day or night. Basically take your time to do the tawaf. I would not advise you to do tawaf on the afternoon of the 10th because it is just too congested, especially if you have a woman with you because you are literally surrounded. If you have your wife with you, you are going to have to do tawāf protecting her to breathe. It is not a comfortable place to be in at all, and Allāh does not tell us to make the religion that difficult. There is no reason to do it on the 10th. Do it either late night or the next morning or on the 12th.

These are the four actions of the tenth. Three of them for sure you will do on the tenth. For the tawāf, my advice is that you delay, but if you do it on the 10th, it is up to you.

11th and 12th of Dhu'l-Ḥijjah

On the 11th and 12th, all you have to do is stone the three *jamrahs*, starting with the small then the medium and then the large. You do this on the 11th and the 12th. The 13th is optional, but 99% of the *hujjāj* leave on the 13th. Hajj is five or six days. On the 13th you may also stone, but the majority leave and don't stone, and that is permissible as well. Allah says in the Qur'an, "Whoever is hasty and leaves in two days, there is no sin. Whoever stays for the third day, then there is no sin." The bulk of the hujjāj leaves on the 12th and don't stone on the 13th. If you are staying for the 13th, then you need a total of 70 stones. If you are not going to stone on the 13th, then you need 49 stones.

On the 11th and the 12th, there is no action of worship other than stoning. On the 10th, the stoning can be done any time after fair. On the 11th and 12th, the stoning should be done after zuhr. There is a big ikhtilāf on whether you can do the stoning before zuhr. In my opinion, you shouldn't, especially with the modern changes to the jamrah itself. It is now five stories, māshā'Allāh, and the pillar is not a pillar anymore but is long. In my opinion, this is a very wise move, and I am very supportive of it. There are no more stampedes anymore inshā'Allāh. There is no reason for you to go before zuhr. It is so easy now that even if you are an elderly person, you can go right to the tip and just throw it and come back. They have really done a marvelous job, and I think it is a good move on their part.

That is all that you need to do on the 11th and 12th. If you are doing tamattu', then you must do a sa'y for Ḥajj. The only act that remains is the farewell tawāf (tawāf'l-wadā'). Some people delay their ṭawāf that they should have done on the 10th up until they are leaving, so they do one tawaf and have the intention for both the tawāf of Hajj and the tawāf of wadā'. This is jā'iz, but it is taking a loophole. You can combine the two intentions.

If you are young - and when I say young, I mean below 60 - and healthy, this is Hajj, so do it properly. If you are elderly or sick, then there is no problem. I've done Hajj more than ten times and many times I would take this because alhamdulillāh I was going so often. But for some of you, you are going once or for the first time and Allah knows when you are going to go again. Why would you want to do that?

In other words, do two tawāfs: the tawāf for the Hajj and tawāf l-wadā'. You do the tawaf of the Hajj (tawaf l-ifadah) on the 10th, 11th, or 12th or any day up until you leave. Let me clarify: For the person who is doing tamattu', there are three tawafs. The first is when you first came to Makkah many weeks ago, and this is the tawaf of the 'Umrah. The second of them is the pillar of Hajj, and it is done on the 10th, 11th or 12th. The third of them is before you leave and called the farewell tawāf (tawāf l-wadā').

You may, if you want to, combine the second and third into one tawaf, and your niyyah is not for tawāfl-wadā'. Your niyyah will be for the tawāf of Hajj, and it will count as tawāf'l-wadā'. I don't advise you to do that, but if you do, it is jā'iz and you don't need to give a fidyah or hady or anything. It is completely permissible.

What is the minimum time you have to stay in Mina? There is ikhtilāf on the minimum amount of staying in Mina. You don't have to stay in Mina during the day – you just have to do the stoning. Nobody says that you have to stay in Mina during the day, and once you have done your stoning, you can go to Makkah for a few hours. The ikhtilāf is on the minimal quantity you need to stay in Mina when you come back. If you stay the bulk of the night (meaning from maghrib to midnight), then you are safe inshā'Allāh. Stay more than half the night in Mina. Most of you will have your tents in Mina, so you don't have to worry about this issue.

Tawāf'l-Wadā'

A lot of people are confused about tawāfl-wadā'. You delay it until it is reasonable for you to delay. It is the very last thing that is in your control. When you are with a group, it will never be the very last thing that you do in Makkah. In other words, your group says that they are leaving Makkah at 8 pm, so you will be dropped at 4 pm to do your tawaf. Technically, you shouldn't be going shopping and eating shawarmas and wasting time after tawaflwadā'. Technically after ṭawāf'l-wadā' you are supposed to leave. That is the whole point.

You are with a group and somebody may be late. What are you going to do? Wait. Allāh knows that you did what is in your hand, so don't worry about

it. If you are delayed two hours and go and shop and get your necessary stuff, it is no big deal. Allāh knows that you did what you can do. Don't make the religion more difficult.

If you don't do tawāfl-wadā' but you did tawāfl-ifādah, you must give a hady. You must give a penalty. If you don't do tawāf'l-wadā' but you have done tawāf on the 10th, 11th, or 12th (i.e. the tawāf of Hajj), tawāf l-wadā' is wājib. If you miss a wājib, you sacrifice. Your Hajj is valid, but you must make up for it with a hady. You can combine only if you do it at the end. If you do tawāf on the 10th, you cannot combine because you didn't leave. You have to delay the tawafl-ifadah to the day that you leave in order to combine. Suppose your bus is leaving on the 14th, then you may do one tawāf on the 14th of Dhu'l-Hijjah that will count for both.

Arkān of Ḥajj

To conclude, memorize this simple list. Hajj has four arkān. If you miss any of these arkān, you don't have a Ḥajj. You cannot make up a rukn; therefore, memorize these four.

- 1. The time and place.
- 2. You need to declare your iḥrām.

You may wear a pant and shirt and do Hajj - you will give lots of fidyahs, but your Hajj is valid because you said "labbayk." You must be in the state of ihrām to do Ḥajj. The state of iḥrām is the statement that you are doing Ḥajj and to have the niyyah. If you are not in the state of iḥrām, then there is no Ḥajj.

- 3. You must do one tawaf (tawaf l-ifadah), which is the tawaf of Hajj.
- 4. You must do one sa'y, which is the sa'y of Hajj.
- 5. You must stand at 'Arafāh on the 9th.

If you don't do one of these four things, then you have not done Hajj. Everything else can somehow be made up. If you miss Muzdalifah, you give a sacrifice. If you miss the stoning, you give a sacrifice. Suppose your group had to leave on the 11th – I know of people who have had a death in the family and they have to leave on the 11th. What are you going to do? No problem. You give the sacrifice and your Hajj is valid as long as it is after the 9th and you have done the tawāf and the sa'y.

These are the four arkān. For everything else, inshā'Allāh you can make it up.

The Main Wājibāt

The main wājibāt are, starting from the beginning are:

- Enter into *iḥrām* before the *mīqāt*. The *niyyah* has to be made before the *mīqāt*. It can be done 100 miles or 1 mile before, but it cannot be done after the mīqāt. Therefore, as I said, half an hour or twenty minutes before the plane lands, you say "labbayk allāhumma Hajj wa 'Umrah."
- Staying in 'Arafāh until maghrib.
- Spending the night in Muzdalifah or at least most of the night. You may leave after midnight if you are pregnant or breastfeeding.
- Stoning. If you miss one of the days of stoning, then it is a wājib that must be made up.
- Spending the nights of the 10th, 11th, and 12th in Mina.

There are more than this, but these are the main wājibāt.

Note for Sisters

One final point of advice for the sisters: one of the biggest controversial issues of our times is over what the sisters in their menses do if their menses will not finish before their group departs. This is a very controversial issue and a very difficult situation. My advice to the sisters is to take pills and make sure that you do not have your menses in this month. Go to your doctor and make sure that it is permissible for you medically. Don't have your menses during this duration. Why? It really complicates things.

Once upon a time if a woman was in her menses it was not a big deal because she just waits a few days and when she finishes, she does the tawaf. These days we have flight schedules and departures and visa issues. If a woman is in her

menses, the plane is not going to stop for her, and her ticket going to expire. It is almost impossible for a lady to remain behind with her mahram. The group is not going to allow it. The government is not going to allow it because you come as a group and leave as a group, which is the law of the government in our times.

The first point is to make sure that it doesn't happen to you. Take pills. It is very easy to skip over one period, and then when you come back you stop taking them and go back to your regular cycle. By the way, when you are taking pills, 99% of the time any blood that you see is istihādhah and therefore is ignored and doesn't count as hayd.

If for some reason you don't take pills and your menses start, as long as you do tawāfl-ifādah before the menses, you are scot-free. The main issue is tawāf. You don't have to worry about the prayer. You may do your du'ā's in 'Arafāh in a state of menses with no problem at all. You may do dhikr, rami, sa'y. You don't have to have $wud\bar{u}$ ' to do sa'y. Sa'y is a separate action of worship.

The problem is only tawaf. If you have done the tawafl-ifadah, the Prophet (sallallāhu 'alayhi wa sallam) said in an authentic ḥadīth: "The ṭawāf of wadā' is forgiven for menstruating women." Suppose your menses started on the 14th and your plane leaves on the 16th. You did your tawāf l-ifādah and are forgiven. You don't have to worry about the farewell tawaf because that was a wajib, and in your case, that wājib is complete and you don't even have to pay hady for it - you are scot-free.

The problem comes if you haven't done tawāf and your menses start and you are departing before your menses finish. This issue has caused a lot of controversy in our times because technically it is not allowed to do tawafin a state of menses. It is like saying to pray while in menses or fast while in menses – you don't do it! You need to have wuḍū' to do ṭawāf. It is nonsensical to do ṭawāf in a state of menses.

However, in our times there is a fatwa that is getting more and more common because of the situation that we are in which says that if a lady must perform her tawaf in this state, then she does so and it is accepted. I don't like this fatwa, but I'm not saying it is invalid. I am simply saying to sisters that if you think you are going to be in this state, and if there is even a remote chance, please make sure that you are not because it is a very, very difficult scenario.

Some Practical Advice

Spiritual advice: Have ikhlās. Always make du'ā' and dhikr. Intend to return a different man/woman. The main point of Hajj is that you come back a different person. If you resume the same lifestyle, then you haven't done Hajj properly. Hajj is to be a changing point in your life. If you are not praying five times a day, then you need to start praying. If you are praying five times a day, you need to start praying the sunnah. If you are praying the sunnah, then you need to start praying the nafl. Have the commitment that you are going to be a better person. This is the whole point of *Hajj*.

Make sure you have some items:

1. Unperfumed soap

The issue of using soap that is perfumed: There is no doubt that it is better to avoid perfumed soap, but at the same time, what is prohibited is to wear perfume. Soap that is perfumed is not perfume. In other words, when one of us wants to look nice, do we use soap and go out? Is that what we call perfume? No. Soap does not have such a scent that we call it perfume. Therefore, the strongest opinion is that soap may be used and will not require a fidyah, but it is better to avoid it to remain out of the grey area. If you really want to be safe, buy un-perfumed soap.

2. Have a toiletries bag that you can hang.

When you use the shower in Mina, there is no place to have a toiletries bag except on the shower itself, so you want something you can hook on and fasten. If it falls, it is not retrievable.

3. Baby wipes.

4. Vaseline.

Brothers, please get some Vaseline and apply it to your inner thighs. Why? When you don't wear underwear, the thighs start rubbing against one another and one of the most problems is that you get skin burn and cannot walk properly. It really ruins your Hajj. Vaseline is unscented, so there is not an issue there.

- 5. Make a mental note of your tent number in Mina.
- 6. Always have cash on you. The best way to carry cash is to use a money belt. If you buy a money wallet, it also does the job. If you have some basic money (50 riyals), and you know your tent in Mina, then alḥamdulillāh Ḥajj is easy, and don't worry if you get lost. If you don't have either of the two, then that is when things get difficult.
- 7. Do not leave the group unless you have to. It is always best to be with your group.
- 8. Always have water with you and drink plenty of water so that you don't get dehydrated.

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